## Pasta Salad with Cannellini Beans

**District 196 (Rosemount-Apple Valley-Eagan)** 

**HACCP Process: #2 Same Day Service** 

Number of Portions: 40 Portion Size: 1/2 cup

**Alternate Recipe Name: Pasta Salad** 

One portion provides: 1 oz eq Whole Grains and 1/4 oz Meat/Meat alternates

| Ingredients                           |           |
|---------------------------------------|-----------|
| Rotini pasta, whole grain, dry        | 2 1/4 lbs |
| Grape tomatoes                        | 1 lb      |
| Cannellini beans, canned              | 15 1/2 oz |
| Spinach, raw, chopped                 | 6 cups    |
| Cheddar cheese, reduced fat, shredded | 1 1/4 cup |
| Italian dressing, reduced fat         | 2 cups    |

## **Instructions**

- 1. Cook pasta according to package directions, omitting salt. Drain, cover and refrigerate until completely cooled. Can be prepared one day ahead.
- 2. Drain and rinse beans.
- 3. Combine the pasta, tomatoes, beans, spinach and cheese. Stir until well combined. Cover and refrigerate until ready to use.
- 4. Shortly before serving, toss the pasta mixture with the dressing.
- 5. Serve 1/2 cup portion.

Note: Pasta will absorb dressing and become bland if dressed more than 2 hours before serving.