



Benefits



- -Bone health
- -Disease prevention
- -Get stronger
- -Increased Cognitive

Function

-Increased

Coordination

-Social Skills

-Active lifestyle

Rhythmic Gymnastics

Studies have shown that rhythmic gymnastics can increase brain efficiency, concentration, right brain development, and a better brain-body connection. It's best for your children to start building these functionalities between the ages of 3-7 years with rhythmic gymnastics, especially with a world-class instructor!

come find out More!

> WHAT RHYTHMIC GYMNASTICS IS ALL ABOUT

Prices:

Drop in \$15

7 week session \$80

First Class is Free

Classes offered

Saturday @ 11am 12pm & 1pm.

Sunday @ 1pm & 2pm April 30th thru June 18th

CAMILLES STUDIO 821 E VALLEY RD ~ MAPLE CITY CAMILLE@CAMILLESBODYSHOP.INFO 703-472-3222

Boys & Girls Ages 5 + Up